## Craine House AT A GLANCE:

Craine House is in its 34th year as a court-ordered work release program providing a secure and structured environment in which women serve their sentences for non-violent felonies.

Craine House provides a unique and positive environment in which preschool children live with their mothers, thus increasing the strength of the mother-child bond while mothers develop enhanced parenting skills and children develop learning and social skills.

Craine House is one of only six such facilities in the U.S. and the only one in the Midwest.

Craine House offers educational opportunities, such as on-site GED classes, and encourages job readiness skills.

Craine House addresses and provides help for substance abuse and anger management issues.

Craine House provides emotional and counseling support, including life skills and awareness of available community resources.

and, Craine House provides on-going support and services for both mothers and children after leaving Craine House.

Craine House relies on private donors and philanthropic organizations for financial support, saving tax payers nearly one million dollars a year in incarceration and child protective services costs.

Your gifts in support of this remarkable mission are very much needed and appreciated.



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"The counselors at Craine House helped me realize I wasn't a bad person – I just made some bad choices and chose some bad friends to hang out with. I learned that I didn't need drugs and alcohol to make me feel good. Now I feel proud that I have a job and my kids have a real mom to love them." - Craine House Resident

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## Craine House FACTS



- Craine House functions as a work release facility serving non-violent females and their pre-school aged children
- Craine House is staffed 24 hours, 7 days per week including holidays, by trained professionals from the criminal justice, academic, medical and social services fields
- Children at Craine House are newborns to 5 years old and women often arrive at Craine House during their pregnancy
- Craine House partners with other organizations in the community to provide residents with additional resources like food aid and clothing pantries





Residents are taught to be responsible for using the resources of Craine House to find their own job, child care and post-incarceration housing. Craine House helps the women step up to challenges, not just receive hand-outs

- Craine House residents leave the facility to job search, work, attend medical appointments, attend religious services and seek outside resources
- Craine House reduces recidivism by providing programming and a supportive environment to address barriers to positive change like homelessness, lack of employment history, lack of education, substance abuse issues and personal trauma



# Craine House Program Highlights

#### **On-site GED class**

Many women who come to Craine House have not completed their highschool education, and as a result, have difficulty finding employment without a diploma or a GED. We have created an inclusive, welcoming GED program for all of our residents.

#### **Substance Abuse Treatment**

For over ninety percent of the women we serve, substance abuse is a debilitating obstacle that stands between success and recidivism. Our on-site substance abuse program is facilitated by a master's level therapist and combines state of the art research on the generational impact of substance abuse with targeted parenting techniques.

### **Women's Issues Group**

In a group-setting based on the curriculum designed by Stephanie Covington, a leading researcher in women's correctional programming, clients meet with our onsite therapist to share their stories and challenges as they investigate their personal view of self.

## **Parenting**

We offer a variety of parenting programs for children of different ages based in the Parenting Piece by Piece curriculum. Parenting classes and supervised parenting are at the cornerstone of Craine House's mission, and staff makes every effort to ensure that women's parenting skills are enhanced throughout their stay at Craine House.

#### **Health and Nutrition Assessments**

Complete nutritional assessments are done for each mother and child, as well as individualized dietary guidelines provided by a licensed dietician. Recommendations are made to our clients about healthy eating and exercise as well as childhood nutritional needs.

### **Anger Management**

The nationally recognized SAMHSA curriculum is based on incarcerated populations and is intended to teach our clients the origins of anger in their lives, and to identify the sources of those feelings, and then create strategies to move beyond the anger to make healthier choices.

#### Job Readiness Skills

Craine House residents are encouraged to build relationships within their community that are supportive, positive and lawful. Our on-site life skills program is based on curriculum by Earnie Larson. The program teaches residents to take personal responsibility for their lives and realize that relationship choices are key to living a safe and free life after incarceration.

## **Family Preservation**

This service is provided by a generous grant from the Nina Mason Pulliam Foundation and is facilitated by a trained therapist, focusing on the women and their outside family members. Craine House provides counseling, intervention and support, increasing parenting skills, and developing the strengths of each child.